

Correction and Encouragement – How Am I Doing?

First, rate yourself on how you think you are doing. Then have your spouse, close friend or parents rate you. Talk about your answers and theirs. Ask your spouse, close friend or parents to identify where they think you can grow. Use the following terms in your evaluation: **V** = Very Consistent **C** = Consistent **O** = Occasional **R** = Rarely

	Self Rating	Spouse Rating
I express my desire for correction and input.	_____	_____
I respond humbly to your correction.	_____	_____
I take action to change when corrected.	_____	_____
I am easy to correct.	_____	_____
I am willing to give correction when needed.	_____	_____
My motivation for giving correction is love and the other person's good.	_____	_____
I avoid the fear of man in correcting.	_____	_____
My words are gracious and kind.	_____	_____
My attitude is humble, gentle and patient.	_____	_____
I "take the log out of my own eye" first.	_____	_____
I bring observations – not conclusions, accusations or judgments.	_____	_____
I do not demand an immediate response or immediate agreement.	_____	_____
If change hasn't occurred, I follow up in time.	_____	_____
I ask questions to gain clarity and understanding.	_____	_____
When appropriate, I appeal for help from others.	_____	_____
I point you back to the Savior and His gospel.	_____	_____

Encouragement

I express encouragement to you and others.	_____	_____
I encourage specifically and clearly.	_____	_____
I encourage more than I correct.	_____	_____
I encourage creatively.	_____	_____
I encourage publicly as well as privately.	_____	_____
I look for and notice reasons to encourage.	_____	_____
I encourage character growth.	_____	_____

Application: The areas my spouse, friend and/or parents have identified for growth are:

- Giving correction _____
- Receiving correction _____
- Acting on correction _____
- Giving encouragement _____