

# The Lord Is In Your Boat

## Discussion Questions

Luke 8:22-25

Carolyn starts off her message by showing us how this passage relates to being a mother of young children and the struggles we can face trying to navigate “our boat” while being tossed by various waves. (i.e. waves of exhaustion, waves of loneliness, waves of spiritual dryness, waves of futility, waves of guilty from our sin, and sometimes waves that make you feel like your boat may never make it to other side of these years)

Through this message Carolyn helps us grab hold of a biblical perspective in the midst of the storm. Luke 8:22-25 is packed with wonderful encouraging truths that will help you endure and triumph over your storm. *Please feel free to use 1 or all of these discussion questions, if you would like, in one or two of your ladies meetings.*

*22 One day he got into a boat with his disciples, and he said to them, “Let us go across to the other side of the lake.” So they set out, 23 and as they sailed he fell asleep. And a windstorm came down on the lake, and they were filling with water and were in danger. 24 And they went and woke him, saying, “Master, Master, we are perishing!” And he awoke and rebuked the wind and the raging waves, and they ceased, and there was a calm. 25 He said to them, “Where is your faith?” And they were afraid, and they marveled, saying to one another, “Who then is this, that he commands even winds and water, and they obey him?”*

### **Point #1: The Lord is in your boat**

*Jesus says in verse 22: “Let us go across to the other side of the lake”, It was the Lord’s idea that they go to the other side of the lake. It was not ultimately our idea to be mothers, it was God who determined this. He is the one who has given us these children. Knowing this, we can have confidence that we have not been set out to sail on the sea of motherhood by ourselves, the Lord is with you in your boat!*

1. What are the “waves” that you experience on a typical day? When you feel like you are going to drown, what are some thoughts that run through your mind? How does the bible address those thoughts?
2. What promises can you hold onto when you are within a storm? (Hebrews 13:5, Psalm 46:1, James 4:8, Psalm 145:18)

### **Point #2: The Lord is upholding you by His great power**

*Verse 24 shows us that God alone is the only who has the power to calm the storm. Even though the Lord is the one who permits the storm, he will never allow it to over take us.*

1. Have someone read 1 Corinthians 10:13. What are the truths in this scripture that you can battle with?

2. Most of us would rather have the storms cease altogether, but how is God working for good through these storms?

**Point #3: The Lord is strengthening your faith**

*After Jesus rebuked the storm, he turns and rebukes the disciples for their lack of faith (vs. 25). These men had every reason to fully trust Him... they had witness His power, they had seen His miracles, they observed His character yet, when the storm came they quickly turned from trusting their Lord.*

1. Carolyn says, "Every storm is a catalyst to teach us about God and to strengthen our faith". How have you seen this to be true in your life?
2. How can we be exercising our faith on a day to day basis whether our storms are big or seemingly calm? What are some of the promises that have helped you 'stand firm' during the storms of daily life?

**In Closing**

1. How can we be encouraging one another and spurring one another on towards love and good deeds, especially to the little ones in our homes?
2. One of the ways God is in our boats, is by giving us sisters in Christ that are in similar boats! Encourage the ladies to call each other or send a quick email when the waves seem too large to bear. This produces a humility and an accountability that will position our hearts to dependence on the Lord