

8-year-old's Plan to Overcome Complaining:

I. When I get up and am tempted to complain, what am I doing?

- I am wanting do something (ask myself, "What am I wanting?") more than I am wanting to obey my mom, immediately completely and cheerfully.
- I am wanting to dishonor and disobey my mother/father/brother by complaining. Children obey your parents in the Lord, for this is right. (Eph. 6:1-3)
- I am being tempted and in fact desiring to disobey God because God tells me to not complain, but to give thanks and to honor and obey my parents. (James 4:1)

II. So what will I remember when I am tempted like this?

- I will remember that Jesus died for these sinful attitudes (Eph. 1:7)
- I will remember that I have turned from my sins, and now love God more than I love my sins, and I am his child (Galatians 2:20).
- I will ask God to forgive me and send his Holy Spirit to help me want to obey and to help me find the way of escape (1 Cor 10:13).
- I will remember that I am to love God with all my heart, soul, mind and strength (Matthew 22:37).
- I will remember to love God means to obey him (John 14:15). And I will memorize this Scripture and say it to myself when I am tempted.

III. What will I do after I remember these things?

- I will give thanks to God for dying for my sins. I will:
 - "Give thanks in all circumstances". (1 Thessalonians 5:18)
 - I will do my chores/responsibilities diligently; do my school diligently [on school days].
 - I will "Rejoice in the LORD always, and again I will say, rejoice." (Philippians 4:4)
 - I also will "Oh give thanks to the LORD". (Psalms 118:1)
 - I will ask the Lord, to please help me to give thanks to you, and not complain, and to live my life for you as I trust in your gospel (2 Cor 5:14-15)
- I will obey joyfully, honoring mom.

Scripture to write out and memorize so that I will be able to remember the truth in the midst of my daily Temptations (Psalm 119:9-11)

Eph 1:7
2 Cor 5:14-15
Galatians 2:20
Ephesians 6:1-3
Philippians 2:14

1 Thess 5:8
Matt 22:37
Phil 4:4
Psalm 119:9-11
James 4:1