“Sowing Plan” for 7 to 8-year-olds

There is a pattern in my life that when my mom or dad asks me to do something I don't want to do, I respond in anger and/or complaining. Then when my mom or dad corrects me I often stubbornly refuse to respond.

This sowing plan is what I will pray though and remind myself of every morning, so that rather than reaping more sin I will grow in godliness.

**Thoughts:** When I'm not responding, I am deceiving myself to believe there are no consequences. The reality is when I sow to the flesh I am planting seeds of sin in my soul that will bring a harvest of more sin and corruption. The more I sin, the harder it becomes to resist my sin and the more I will become confused by my sin. My heart and my mind are "corrupted" as I continue in my sin.

*Galatians 6:7-8:* Do not be deceived, God is not mocked, for whatever one sows, that will he also reap. For the one who sows to his own flesh will from the flesh reap corruption, but the one who sows to the Spirit will from the Spirit reap eternal life.

**Thoughts:** I have received the new covenant and my sins are forgiven. And the Holy Spirit is in me. Since Jesus died for my sins, their power is broken, and in the strength of the Spirit I can fight & resist my sin and obey.

*Hebrews 8:12:* For I will be merciful toward their iniquities, and I will remember their sins no more.

**Thoughts:** When I am sinning with a bad attitude, I will remember there is a way of escape because God is always faithful. I will ask myself, "Where is the way of escape right now?" As my mom or dad is speaking to me, I will pray and ask God to help me to find the way of escape and not be a stubborn fool.

*1 Corinthians 10:13:* No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.
Thoughts: I need to listen carefully when my parents are correcting me. If I don't listen, I am being a fool and I am rejecting the love of my parents and the grace and wisdom of God. When I am having sinful attitudes I will seek to sow to the Spirit and be a humble, godly young man who fears God. I will ask my parents or whoever is correcting me if I understand their concerns before I disagree with them. I will try to understand why they are correcting me, as I resist bad attitudes.

Proverbs 10:17: Whoever heeds instruction is on the path to life, but he who rejects reproof leads others astray.

Proverbs 12:15: The way of a fool is right in his own eyes, but a wise man listens to advice.

Spiritual Growth for me will look like:

• I will respond by saying, “yes mom,” or, “yes dad,” when mom or dad asks me to do something I don't want to do.
• When I find myself sinning with a bad attitude, I will remember my plan and seek to find the way of escape while mom or dad is speaking to me.
• I will respond more quickly.